



RECOVERY, REGENERATION and the ATHELETE

in collaboration with the Arnold Sports Festival and Neural Integrative Solutions

THURSDAY, MARCH 1, 2018

Columbus Convention Center • Columbus, Ohio

www.regonline.com/Recovery-Regeneration-Athlete-2018

SPORTS MEDICINE HEALTH CARE PROVIDERS: CLINICIANS

Injuries delay progress and can potentially end careers, and with the advancements in non-surgical solutions, health and strength can be maintained, even despite injury. Using the bodies on repairing cells, and strategically placed in injured areas, recovery is faster and performance is maintained or improved. Please join us for an informative interactive series on the latest cutting edge advancements in regenerative medicine and the impact it can have on the athlete. Attendees will also have the ability to be connected to a local regenerative medicine expert near them.

PROFESSIONAL ATHLETES AND WEEKEND WARRIORS

The medical space is changing. Treatment algorithms have shifted, focused on rebuilding injured tissue, minimizing potentially repeated harmful exposure to opioids and injectable medications. With the enhancement of technology has lead to a revolution of treatment options to restore patients to an active and healthy lifestyle, through patient derived biologics and regenerative medicine. This event will highlight evidence and application to bring these vital treatments to your community.

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Dr. Eric Lee, MD. Dr. Lee, formally a professional football player with the Chicago Bears, is currently the Director of Regenerative Medicine at a Practice in Northern California, focused on returning patients and athletes back a goal achieving active lifestyle.



Dr. Tim Davis, MD. Dr. Davis serves as the medical director for Orthopedic Pain Specialists in Santa Monica, CA. He has managed and participated in many clinical trials involving many biologic treatments to improve healing and recovery, and with an international and national presence, has also been a frequent guest on the television show "the Doctors."



Dr. John Michels, MD. Our most prolific athlete, Dr. Michels works as a world renowned pain and rehabilitation specialist in Dallas, TX. Formerly a first round draft choice and Super Bowl champion with the Green Bay Packers, injury motivated Dr. Michaels to dedicate his life to helping others by contributing to the rapidly advancing felled of neuromodulation and regenerative therapies.



Co-Chair:

Dr. Jason Pope, MD: Internationally respected and key opinion leader in the health care industry focusing minimally invasive surgical options, creating a center of excellence through his practice, Thrive Clinic.



Co-Chair:

Dr. Steven Falowski, MD: Previously a natural award winning bodybuilder and currently a world leader in functional neurosurgery, he has authored numerous texts and peer reviewed journals, with expertise in deep brain stimulation, spinal cord stimulation, and minimally invasive spine surgery.

AGENDA

Recovery and Regeneration and the Athlete Arnold Classic Sports Festival – First Annual Medical Conference March 1, 2018 • Columbus, Ohio

Course Directors: Steven Falowski, MD and Jason Pope, MD

Course Faculty: Timothy Davis, MD, Steven Falowski, MD, Eric Lee, MD, John Michels, MD
and Jason Pope, MD

7:00-8:00 AM Breakfast

Room A Clinical CME Accredited Track - AMA PRA Category 1 Credits™ available

8:00-8:30	Introduction to Regenerative Medicine
8:30-9:30	Introduction to anatomy relative to Regenerative Medicine
9:30-10:30	Treatments for Training and Athletes
10:30-11:00	Break with exhibits
11:00-12:00	Working with Athletes – coordination of care and expectations with trainers, coaches, and therapists
12:00-1:00PM	Lunch Symposium with Speaker
1:00-2:00	Evaluating the Data and Setting Appropriate Expectations for Recovery Post-injury
2:00-3:00	Clinical Applications for Regenerative Medicine for Joints, Sports Injury, Arthritis and Spinal Injuries
3:00-3:30	Different Options: Platelet Rich Plasma (PRP), Cellular Type - Applications and Data
3:30-4:00	Break with exhibits
4:00-4:30	Overcoming barriers to patient care – cost, reimbursement and management
4:30-5:00	Regenerative Medicine – Future Applications and Less Common Uses

Program Closes – please turn in evaluation forms for CME Credit

Room B Non-Clinical Track

8:00-9:00	Introduction to Regenerative Medicine
9:00-10:00	Review of Athletes and Possible Medical Treatment Providers – what is their specialty, what can they offer and what does this mean for your patients: Orthopedics, Neuro surgeons, Physical Medicine and Rehabilitation, Sports Medicine
10:00-10:30	Managing expectations with Athletes
10:30-11:00	Break with exhibits
11:00-12:00	Avoiding and Managing Injury
12:00-1:00PM	Lunch Symposium with Speaker
1:00-2:00	Evaluating a Regenerative Medicine Treatment Provider for recommendations and referral
2:00-3:00	Working with Disabled Athletes and Veterans
3:00-3:30	“Career Ending” Injuries
3:30-4:00	Break with exhibits
4:00-5:00	Risks and Rewards with Regenerative Medicine

Program Closes

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ONLINE REGISTRATION

RECOVERY, REGENERATION and the ATHELETE

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Thursday, March 1, 2018

Greater Columbus Convention Center

<https://www.regonline.com/Recovery-Regeneration-Athlete-2018>

For more information, contact: MichelleHByers@gmail.com or cell: 415-518-5391

LOCATION

Greater Columbus Convention Center
400 North High Street
Columbus, Ohio 43215
(614) 827-2500

Accreditation:

This activity has been planned and implemented in accordance with the Essentials Areas of Policy of The West Virginia Society of Interventional Pain Physicians (WVSIPP) through the joint providership of the WVSIPP and the Arnold Classic Sports Festival Medical Conference. The West Virginia Society of Interventional Pain Physicians is accredited with Commendation by The West Virginia State Medical Association (WVSMA) to provide continuing medical education for physicians.

Designation:

The West Virginia Society of Interventional Pain Physicians designates 6 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.